## **Grad Thesis SLAM**

**Preparation Series:** 

Slide Design & Presentation Skills

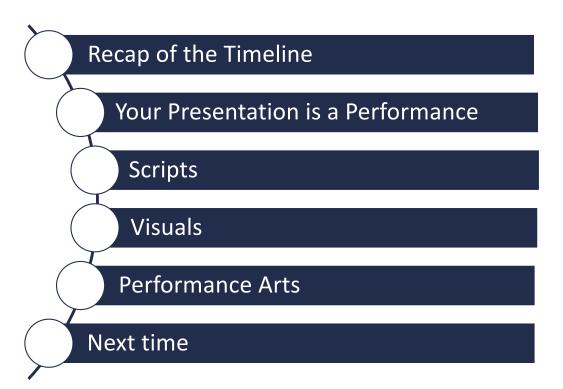
March 14, 2024



PhD**Plus** 

## Session Overview





# Timeline Recap

#### Session 3 | (Today)

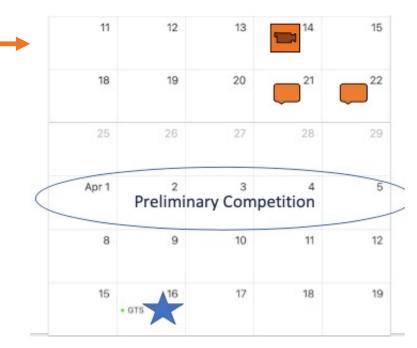
- Outline your research story and draft a script.
  - o Focus on your hook and takeaway message.
- Create or sketch out a rough of your slide.

#### **Session 4** | (Mar. 21 or 22)

Finalize your script and a solid draft of your slide.

#### Preliminary Competition | (Apr.1 – Apr. 5)

 Panels of judges will review presentations, provide constructive feedback to students, and select finalists.



# Timeline Recap

Good afternoon,

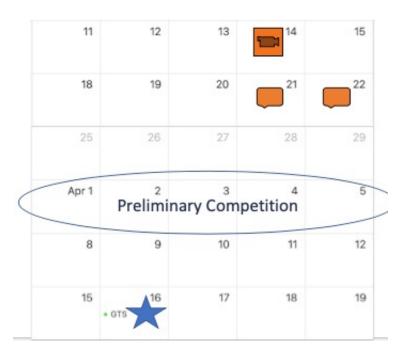
Thank you for registering for the <u>2024 Grad Thesis SLAM</u> and PhD Plus Preparation Series. We are writing to share the Preliminary Round competition sign-up—completing the poll below is the next step for anyone who intends to compete in this year's competition.

#### PRELIMINARY ROUND - SIGN UP NOW

The Preliminary Round will be held in person the week of April 1-5 in the New Cabell Hall French Conference Room (room 349). To sign up to compete, please complete the poll below. The cutoff deadline is Friday, March 22. However, we strongly encourage anyone planning to participate in this year's competition to fill out the poll below by 12:00 noon on Tuesday, March 19. We will begin matching participants with Preliminary Round sessions that afternoon. Completing the poll early will help ensure you get a presentation time that works well for your schedule.

Poll: http://whenisgood.net/7zaye78

Please note the deadline to fill out the poll and confirm your interest in participating in the Grad Thesis SLAM competition is 11:59 PM on Friday, March 22.



# How to Engage Your Audience

### Reminders from last time.

- 1. Humans are curious by nature engage that curiosity.
- 2. We remember and share experiences through stories.
- 3. It is easier to learn new information by building upon your current knowledge.
  - Connect what you do to the framework of knowledge and experiences of your audience.



## From Last Session

- Brainstorm story options and other engaging aspects of your research (your hook) and test them with family or friends.
- Reflect on your takeaway message. What do you want the audience to walk away with?
- Refine your **outline**, applying story structure techniques discussed in Session 2.
- Start drafting your slide—bring your rough slide and ideas to share during Prep Series Session 3.



## Performance

Remember that your Grad Thesis SLAM presentation is a combination of:

- Words (script & voice),
- Visuals (slide/prop), and
- Performance Arts (you/prop)

Think about how your words, slide, and physical actions all work together to tell your story.



# Script



# Two Different Approaches

Writing Out Your Speech

Impromptu Presentation



Make it engaging!

And PRACTICE!



# Types of Jargon

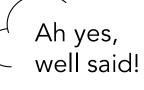
- Language specific to your field
- Common words with different meaning in context of your field
- Acronyms
- Technical terms (not "jargon," but use with caution)

Refers to a schema your reader does NOT share.



# Jargon – The Problem

Parentheticals increase the spatial and textile volume of your prose, opening the breathing space for the reader and enlarging the referential sphere of your engagement with the material.

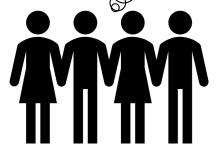












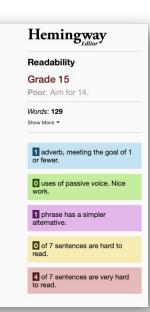
Written language and spoken language are different!

# Hemingway Editor

Hemingwayapp.com

### Hemingway App makes your writing bold and clear.

Shared decision making can help patients feel supported and empowered when deciding between healthcare options. Decision regret can be a meaningful measure of the quality of that encounter. However, in a patient-engaged research study examining shared decision making for breast cancer surgery, decision regret was a difficult construct to assess, and asking questions about decision regret caused the patient to experience that emotion upon reflection. In this article, we consider the complexity of decision regret, and discuss the difficulty of measuring that emotion through existing instruments. We call for clarity in definitions of decision regret and offer suggestions for developing a set of questions that can capture regret in a more meaningful way.



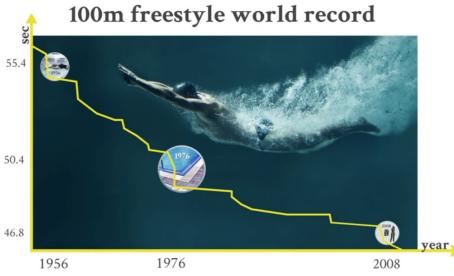
# A better way to create Visuals & Slides

Words paired with visuals can help improve retention.

#### But be careful...

- We can't multitask. Introduce new concepts sequentially, one at a time.
- Changing visuals is distracting. Give us time to process that information.





## Reminder - Presentation Guidelines

#### Slides, Props & Media

- A single PowerPoint slide is permitted, but <u>not</u> absolutely required.
- Animations are allowed, but limited to those available in PowerPoint. (Use sparingly!)
- Video and audio are allowed, but must not exceed 15 seconds.
- You can use props. However, it should be necessary to explain the research and must be approved in advance by event organizers.
- Each presentation starts with a title slide, which does not count toward your time limit (template will be provided).

https://phdplus.virginia.edu/2023-grad-thesis-slam

# A Better Path to Slide Design

- Remember "hook" and takeaway message.
  - What 1 or 2 things (max) do you need to help tell your story?
- ONLY include what you need to tell story.
- Draft script and slide at the same time so they complement each other.

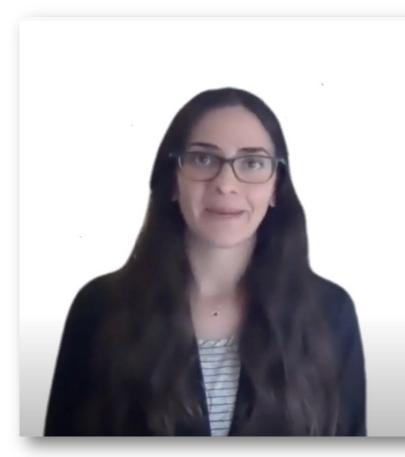




## Slide Design Best Practices

- · Make the most important content the biggest
- Use 5 objects or fewer on your slide
- Replace text with visuals (image, chart, table, etc.)
- Design the slide to support what you're saying, but "don't include the exact same text on the slide and then read directly off of the screen."
  - Use animation sparingly and strategically.

## Meltem Yucel - 2020 UVA 3MT Finalist

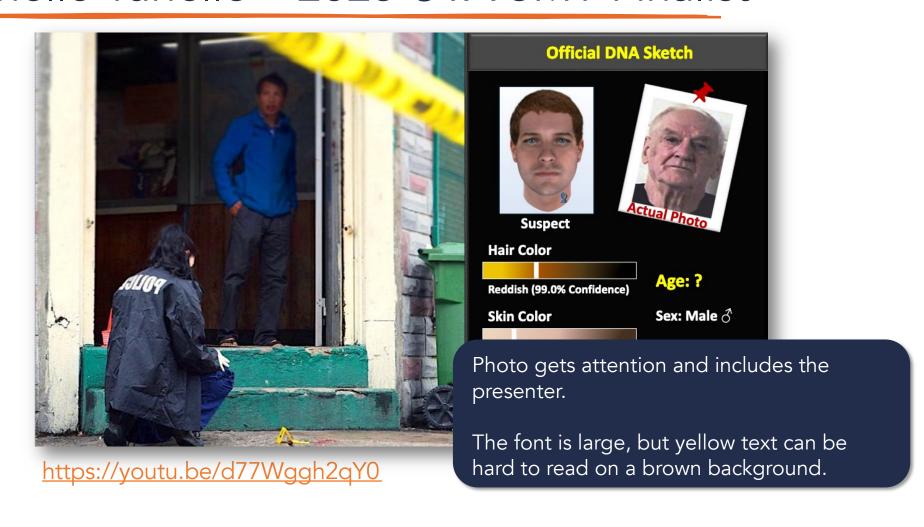




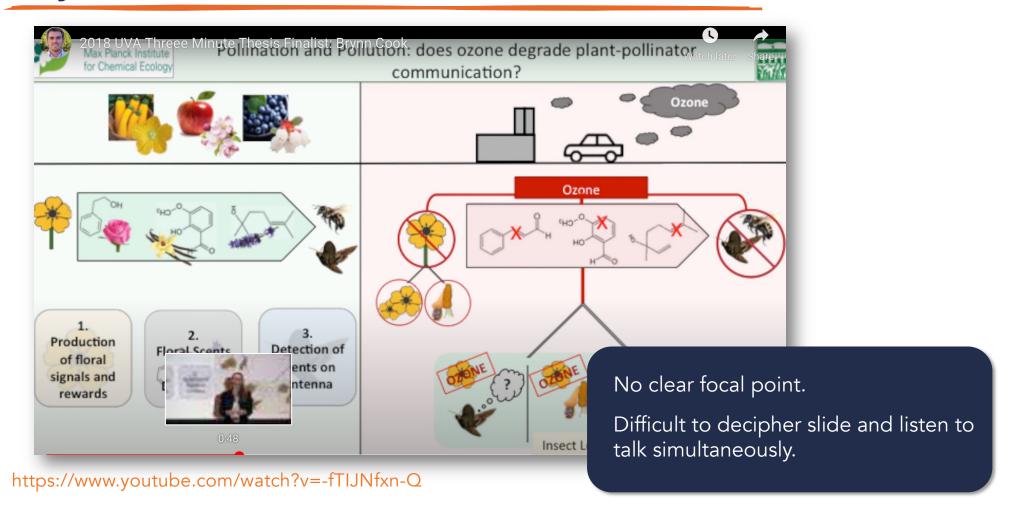
www.youtube.com/watch?v=f6qD0We7WZs

Visual captures central point of the talk - "fairness in childhood development studies."

## Rachelle Turiello – 2023 UVA 3MT Finalist



## Brynn Cook - 2018 UVA 3MT Finalist



## Abigail Graham – 2023 UVA 3MT Finalist

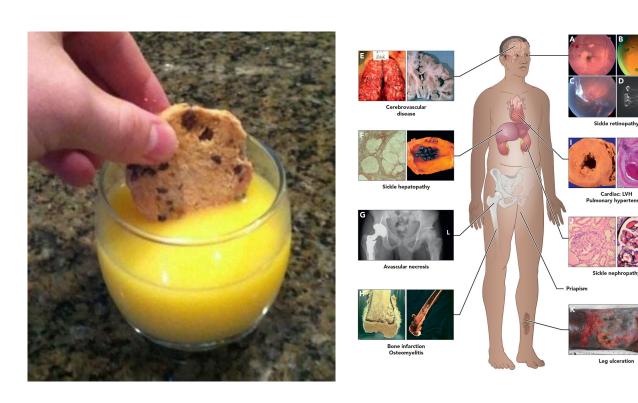
https://youtu.be/5 f sPlw-dA



processes occurring in the brain.

## What about these images?

Some images may unconsciously make your audience uncomfortable.







## Anchi Tsuei – 2019 UVA 3MT Finalist

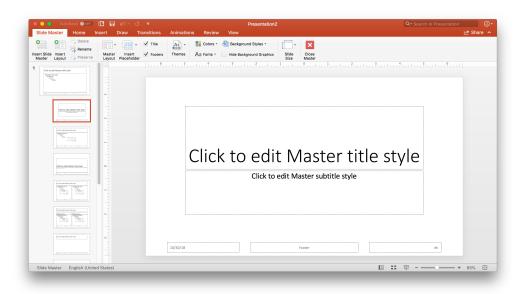


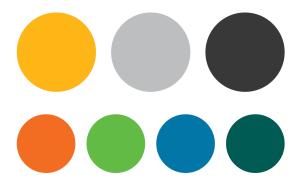
https://www.youtube.com/watch?v=\_cV8iFH5BDU

## Mengyao Liu – 2019 UVA 3MT Finalist



https://www.youtube.com/watch?v=XEJnk2rU5qI





Arial
Avenir
Calibri
Helvetica
Myriad
Verdana

# Color, Font and Style Matter

- Easy to read 40pt
- Sans-serif fonts
- Use compatible colors
- Consistent look and feel

# Accessibility Considerations

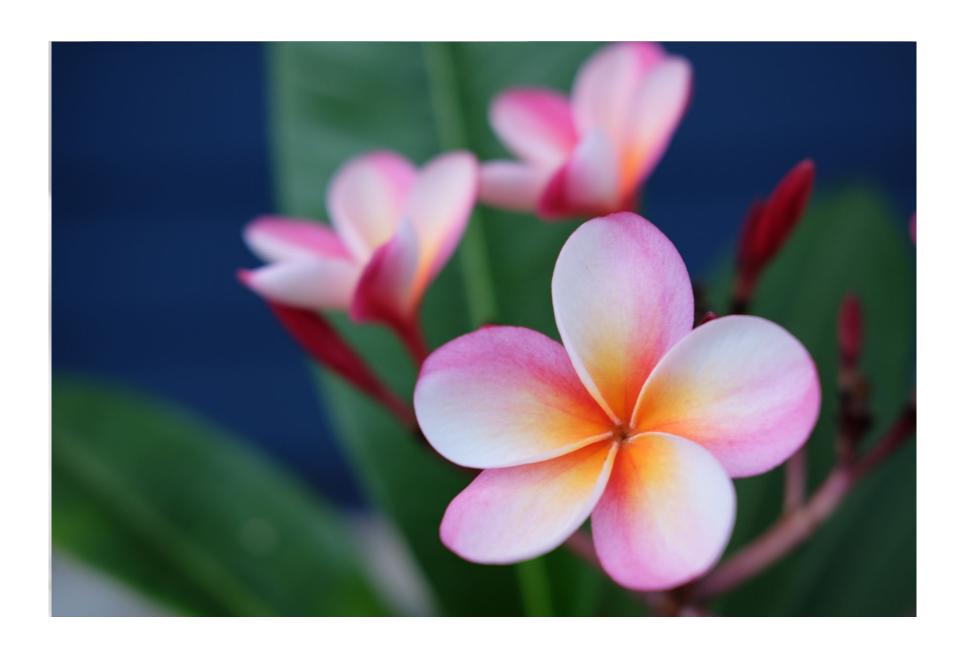
PowerPoint's closed captions will be on during presentations.

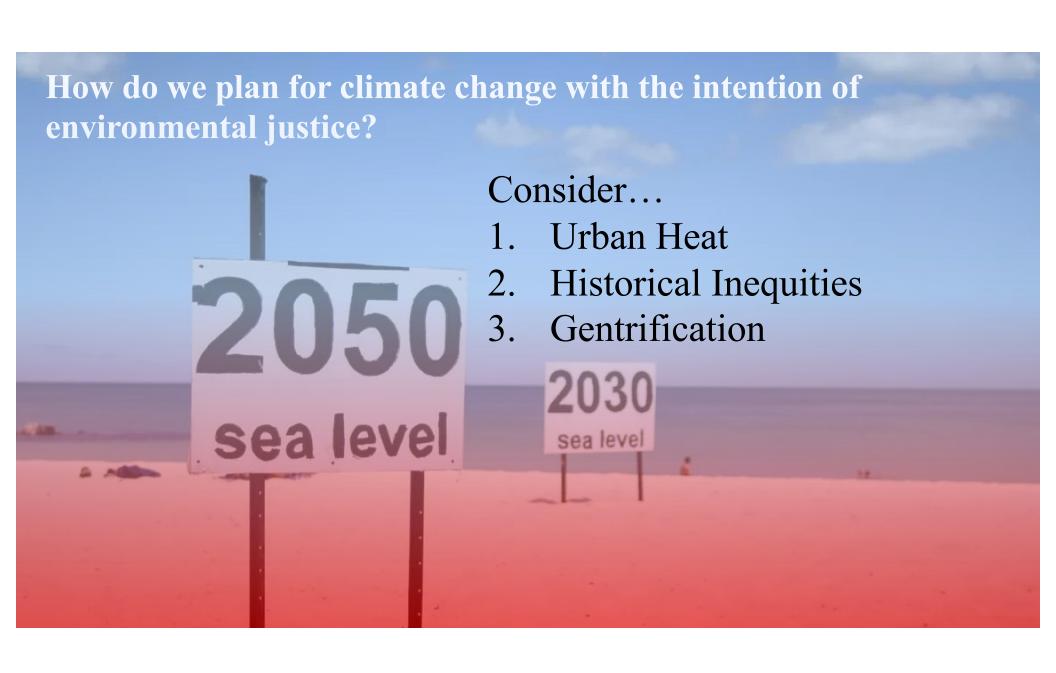
## Reminder – Judging Criteria Includes:

- Were all elements accessible to a broad audience?
- Were all graphics, props, and text easy to view and interpret?
- If used, were sound elements clearly audible and video clearly visible?

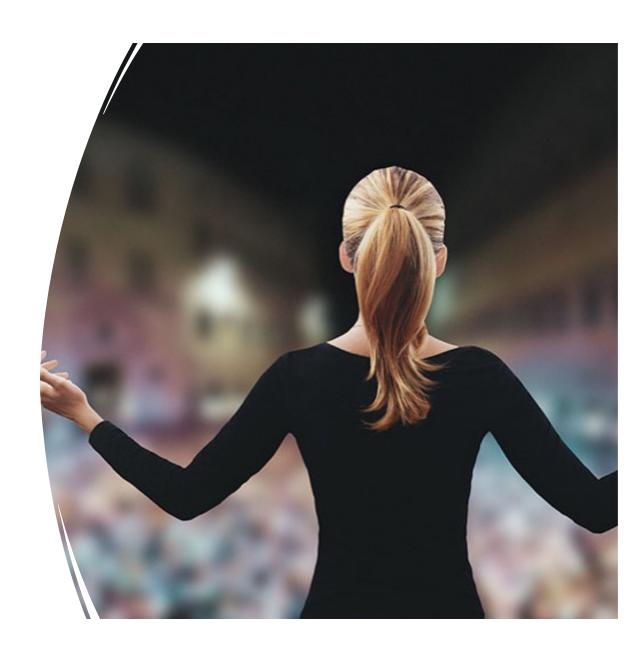
# **Using Animations**

- Have a purpose.
- Remember that animations are distracting.
- Call our attention to new information.
- Animations that basically create a whole new slide are not allowed.





## Performance



# Stage Fright

Physiological responses to fear or anticipation

#### It can manifest as:

- Rapid heart rate
- Nervous fidgeting or not moving
- Forgetting your lines
- Shakey voice and/or hands
- Feeling tense
- Sweating
- Lightheadedness
- etc.

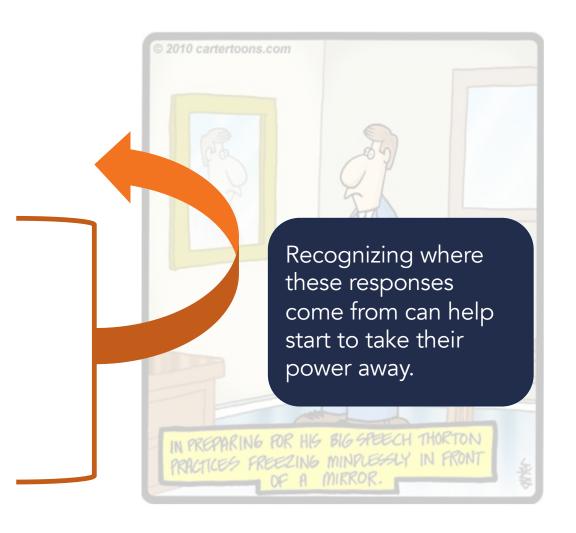


# Stage Fright

Physiological responses to fear or anticipation

It can manifest as:

- Rapid heart rate
- Nervous fidgeting or not moving
- Forgetting your lines
- Shakey voice and/or hands
- Feeling tense
- Sweating
- Lightheadedness
- etc.



# Stage Fright

- Practice = Awareness
- Awareness = Control
- Control = Confidence



# Overcoming Stage Fright

- Recognize and acknowledge your physiological responses
- Take a few deep breaths and focus on a slow breathing pace
- Smile, talk to people beforehand
- Find a champion in the audience
- PRACTICE! PRACTICE! PRACTICE AGAIN!



# Aspects of Performance

### **Body Language**

- Stance
- Hand Gestures
- Eye Contact

### **Vocal Quality**

- Speaking Pace and Pauses
- Articulation
- Volume

## Confidence and Energy

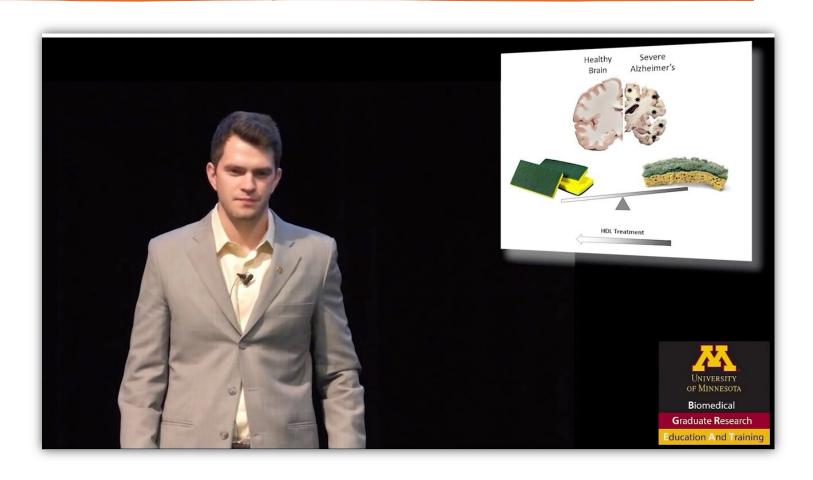


## Stance

- Open
- Good Posture
- Grounded



# Hand Gestures and Eye Contact



# **Vocal Quality**

- Speaking Pace and Pauses
- Articulation
- Volume



# PRACTICE(!) & Record Yourself

### Pay attention to your:

#### **Body Language**

- Stance
- Hand Gestures
- Eye Contact

#### **Vocal Quality**

- Speaking Pace and Pauses
- Articulation
- Volume

### Confidence and Energy



# Questions?

## **Before Next Time**

- Finalize your story—connect your "hook" to your takeaway message.
- Finish designing your slide, and any videos, audio, animations, or props.
  - o Email us your request to use a prop, if you are planning to do so during the competition.
- Practice your presentation. You should have a solid 75% version and be close to 3 mins.

SIGN UP FOR THE COMPETITION TODAY!

